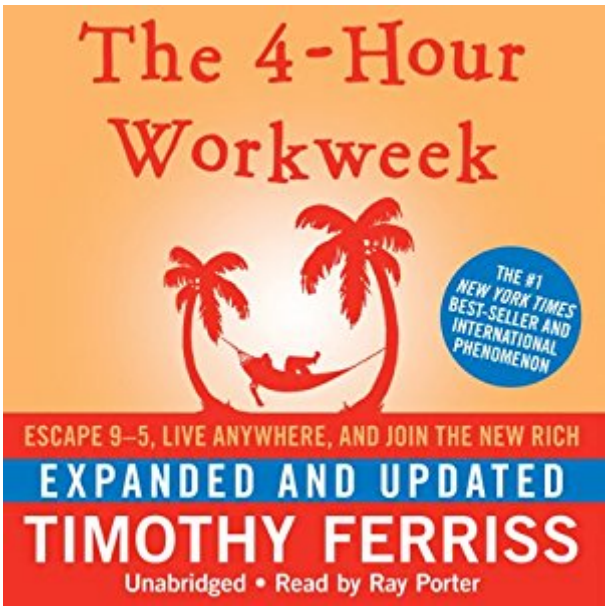
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The 4-Hour Workweek: Escape 9-5, Live Anywhere, And Join The New Rich (Expanded And Updated)



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Synopsis

Forget the old concepts of retirement and a deferred life plan. There is no need to wait and every reason not to, especially in unpredictable economic times. For living more and working less, this book is the blueprint. This expanded and updated edition includes dozens of practical tips and case studies from readers, who have doubled their income, overcome common sticking points, and reinvented themselves using the original book. Also included are templates for eliminating email and negotiating with bosses and clients, how to apply lifestyle principles in unpredictable economic times, and the latest tools, tricks, and shortcuts for living like a diplomat or millionaire without being either. --This text refers to the Preloaded Digital Audio Player edition.

Book Information

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Customer Reviews

I had heard a lot of people rave about this book before I finally picked it up and decided to read it for myself. I'm glad that I read it, but I don't think it was quite as life-changing for me as it was for some of my friends. Don't get me wrong, Ferriss makes some excellent points and he's got some really great tips and tricks in here, I'm just not sure how universal they really are.First of all, when I picked up the book, I didn't expect that he was literally working only four hours a week. I thought he was just talking about ways to spend less time working, but that "The 4-Hour" just sounded good (since he now has a whole line of books with titles that start that way). Nope. Turns out he really only worked four hours every week for a few years. I hate him. Now, with his series of books and everything, that's not true so much, so I hate him less. Now his job is much more similar to what I actually want to do.As I said, Ferriss has some great ways of eliminating clutter and busywork,

including things you don’t even think of as busywork. I’ve already started implementing some of these tips at work, and they’ve come in pretty handy so far. I keep meaning to get rid of a bunch of my physical clutter, but my laziness keeps getting in the way of that. I’ll get around to it in the next few weeks.I also appreciated his philosophy of taking mini-retirements throughout life, rather than one long retirement at the end of life. I never did understand the point of retirement, so Ferriss’s plan sounds much more appealing to me. As he put it, retirement should be nothing more than a fail-safe in case something happens and you are physically (or mentally) incapable of working. My thoughts exactly.My main problem with his philosophy is that it really only works if you have a product that you are not actually making, but that you can sell. For example, even if I were to quit my day job and write all day every day, I would still be working a lot. Granted, that would make my job a whole lot more portable, but I could never get away with only working four hours per week (at least not until after I sell that bestselling novel, which is such a realistic plan!) In order to do it his way, I would need to have something that is already produced, or that someone else is making (clothes, dietary supplement, etc.) where all I have to do is collect the money that comes in from those sales.Of course, that’s a lot harder than it sounds. His ways of eliminating the useless from his life are really quite impressive, and not to be underestimated, but I still wonder if someone in their twenties, who is just starting out in life, can really make his plan work? Some of his success stories include people negotiating working remotely, because they have built up value in their company. Someone who has only been working at their current job for a year or two does not have the kind of leverage necessary to do that.Additionally, he talks about the trick to getting out of your job so you can go have that great once-in-a-lifetime adventure. He mentions considering the worst-case scenario and the fact that worst-case is not necessarily all that bad. One of his points he brings up is that, if he loses his job, he can get another one fairly easily. Well, great for him, but the original book was written before the job market collapsed, followed by this lovely "jobless recovery". I was recently unemployed for eight months and it was not fun. I, too, thought I could get another job within a few months, but that did not turn out to be the case. So, if I go spend all my money on a mini-retirement now, and then come back only to find that I can’t get a job for another year, I’ll be screwed. Yes, even that worst-case scenario isn’t that bad. I could always move back in with my parents, but I’d really rather not. I love them, but they have enough to deal with right now, and the last thing I want to do is burden the people around me because I decided to go globe-trotting for a few months. Timothy Ferriss told me it would be fine!

Boil it down and you have about 4 pages of constructive tips on being faster, more effective and

enhancing your utility.

A ton of detail, great step by step directions, and lots of material that helps people understand that it can be done. I appreciate that he cites a lot of resources that people can use to make their goals happen. Many of these resources are out dated though, and some don’t even exist anymore. I would say he rambles on a little but his writing style is entertaining and for your average person who feels compelled to work 9-5 daily M-F, this is a good book to get you out of that mindset and take steps to change your life for the better. Would recommend to everyone.

Nothing new... Also some unrealistic solutions shared. Some good insights were provided, but nothing that you haven’t read before. If your an avid reader of self help books, I won’t recommend, if your now getting into this field, this is a great start

Very happy with this purchase. This book can change your life IF you follow the principles in the book. All the negative reviews are lacking one key ingredient. Action. If you buy the book, let it sit around and not follow through on the recommendations then it obviously won’t "give" you anything. The only thing I did not like about the book is the notion of a four hour work week, immediately. This could just be my perception, however, it will take work and effort to get to the point of working minimally for maximum output.

Reading Tim Ferriss will sure help you kick your own ass to break out of an average or boring lifestyle, and rekindle your motivation to take advantage of your potential and live more fully.Tim could come off as egotistic or narcissistic, or like someone who has little concern to anybody around him except himself, but also earns credit for openly sharing a good deal of his own experience.The claims may not be easy or simple to replicate, and some could appear overly ambitious. You still have to do a lot of work to implement some of the ideas, but even if you only achieve a portion of the high-level plan described in the book, it should be time and money well spent on for you.

This book focuses on what Ferriss refers to as "lifestyle design" and a repudiation of the traditional "deferred" life plan in which people work grueling hours and take few vacations for decades and save money in order to relax after retirement. It’s non-traditional approach broadens perspective and offers a new set of questions in regards to career and work scope.

Great book with practical tips to not doing work for works sake, and freeing time to make a life. What I appreciated about this book is that the author has DONE IT. The information particularly related to time management and batching was very helpful, as well as his comments on task elimination. I didn't give it all 5 stars only becuase there were some chapters on selling "hard goods" on the internet that is not really relevant to me. It felt like it should have been a second book just on this topic. I would definitely suggest the read for tired entrepreneurs who perhaps have read "The E-Myth" and would like some practical suggestions for creating the life you want. This might be a book I read every year (and the chapters not immediately relevant now might be relevant later).The 4-Hour Work Week: Escape 9-5, Live Anywhere, and Join the New Rich (Library Edition)

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